



COOKING WITH GALLOWAY'S / *Peas*

PEAS (1 CUP)	CUPS OF LIQUID	COOKING TIME	YIELD
BLACK-EYE PEAS	3 cups	1 hour	2 cups
GARBANZO (CHICKPEAS)	4 cups	1-3 hours	2 cups
GREEN SPLIT PEAS	4 cups	45 minutes	2 cups
YELLOW SPLIT PEAS	4 cups	1½ hours	2 cups