



## COOKING WITH GALLOWAY'S / *Lentils*

LENTILS (1 CUP DRY)	CUPS OF LIQUID	COOKING TIME	YIELD
BROWN LENTILS	2 ¼ cups	20-25 minutes	2 ¼ cups
GREEN LENTILS	2 cups	20-25 minutes	2 cups
RED LENTILS	3 cups	15-20 minutes	2 ½ cups
FRENCH LENTILS	3 cups	15-20 minutes	2 ½ cups
BELUGA LENTILS	3 cups	20-25 minutes	2 ½ cups